

COVID-19 Risk Assessment Torexe Volleyball Club

This is an appendix to the general risk assessment for COVID19 procedures for Torexe Volleyball Club Riverside LC Venue

Introduction

This appendix must be read in conjunction with the following documents:

Torexe VC Risk Assessment Introduction

Torexe VC Risk Assessment

Torexe Volleyball Club 'Return to Indoor Volleyball' members guidance during the COVID 19 pandemic

It only considers the additional hazards due to operating during the COVID 19 pandemic to account for the following risks

Droplet transmission: The risk associated with each action in an activity based on the duration and proximity of participants.

Fomite transmission: The risk associated with the handling and transfer of equipment in volleyball including net, posts, balls, scoresheets, pens etc.

Population: The number of participants likely to take part in the proposed activity, be it training or matches, plus known risk factors of participants with underlying health conditions or high risk groups, who wish to participate.

All Torexe members, will confirm they have read and understand the clubs COVID guidelines/Risk Assessments as part of the 2020/21 registration process and that that they agree to follow the guidance and that they are taking place in volleyball activity in the knowledge that despite the mitigating measures, they are aware and accept the increased transmission risk associated with the activity. Parents of junior players (U18) are required to ensure their son/daughter understands the guidelines and that they are happy for their son/daughter to participate in volleyball activity under those guidelines. Coaches, officials and other volunteers will be contacted by e-mail to confirm the above details.

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Identified Hazards	Risk Involved	Who's at Risk	Level of Risk	Precautions Taken
<p>Travel to Venue: Arrival & Departure: Entry into Sports hall: Use of Toilet Facilities:</p>	<p>Transmission of virus by contact or airborne transfer between persons</p>	<p>Players Coaches Club Officers Officials (matches) Relatives Friends Venue Employees Members of the Public</p>	<p>Low</p>	<p>Pre-booking with contact details for tracing purposes Travel alone or with members of same household or social bubble (minimum persons in vehicle) Avoid public transport where possible Arrive at the venue changed and ready to play / train with full kit Do not physically greet persons on arrival, i.e. no handshakes, hug, high fives etc. Verbal greets only at a social distance On departure, similar to above, i.e. no handshakes, hug, high fives etc. Verbal goodbyes only at a social distance Maintain social distancing and follow Government and local guidelines regarding wearing of face coverings etc. Do not use Changing rooms and Showers on arrival or before departure Venue toilets may be used, but wash hands thoroughly and on return into sports hall use hand sanitiser due to the possibility of touching of door handles etc. Report to Covid officer on arrival to register attendance and await instructions / brief Covid Officer to ensure number of personnel does not exceed stated limits for sports hall Do not touch any equipment unless requested by the Covid officer to control the persons touching all equipment Each player should keep their belongings at least two metres away from anybody else's belongings in designated areas at the edge areas of the sports hall One way systems and walkways are to be strictly adhered to</p>
<p>Training Facilities & Equipment</p>	<p>Transfer of virus via equipment used in session. Transfer of virus within the location</p>	<p>Employees at venue Coaches Athletes Public</p>	<p>Low</p>	<p>Cleaning and wiping down all equipment with sanitiser before and after sessions. Having a limited number of balls to reduce overall risk of transfer. Only use essential equipment - do not touch equipment except to use it</p>

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Number of people and interaction	Transfer of virus as a result of increased interaction between athletes, coaches and staff, and even public	Athletes, Coaches and Wider Staff	Low	<p>Limit number of people in training sessions. Maximum 12 in a training session (excluding non-participating coaches and COVID 19 officers). No-one else to be present in playing area. If more than 6 players, the players will form two "bubbles" of up to 6 players, which will remain socially distanced and not share equipment Players and coaches to maintain two metre social distancing at all times during sessions other than specified technical training phases (see below). Players and coaches to avoid all unnecessary contact such as handshakes or hand slaps. Players and coaches to hand sanitize during breaks. Players to avoid sharing all personal equipment (drinking bottles, therabands, towels etc.) If a player has forgotten their sanitiser, another person may dispense sanitising fluid into that person's hands. No person is to touch another person's sanitizer dispenser! Players and coaches should keep their belongings at least two metres apart. Maintain the same 'social bubble' of athletes and coaches involved in training sessions to minimise risk of transfer from outside parties. Avoid unnecessary activities associated with sporting development during training session (e.g. no group briefings, meetings, season planning, which could be conducted online at a later date) Conduct drills that will remain purposeful but can be performed at an appropriate social distance. Electronic/squeezy whistles only are to be used - do not share these unless fully sanitised before and after use</p>

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Close Contact Exposure	<ol style="list-style-type: none"> Blockers and hitter being in close vicinity to one another on opposite sides of a net, occasionally brushing hands (e.g. jousting) Colliding or making contact with one's partner on the same side of the net e.g. chasing a ball in defence, going for the same ball in serve receive. During some drills, players may find themselves within two metres of another athlete's e.g. passing and setting drills, where one person acts as a target and can find another athlete close to them due to an errant pass. Players making contact in breaks of play to slap hands with partner or opponents. 	Athletes Coaches	Low	<p>ALL OF THE ABOVE CONTROLS</p> <p>Avoid all drills in sessions where physical, hand to hand contact may occur</p> <p>Structure drills that remove risk of unpredictability in some cases that may result in contact e.g. randomised defence</p> <p>Maintain two metre social distancing at all times and in all other drills when not involved in the incidences outlined above.</p> <p>The risks associated with points 3 and 4 can be easily controlled by avoiding these drills (on point 3, targets can simply adjust to make sure they don't come into contact should this occur). The likelihood of incident occurring is very low even at the elite level, sometimes not occurring at all across the course of a training session, and would fall into what government advice deems as appropriate to break the 2 mtr social distance boundary</p> <p>However, point 1 is likely to occur frequently in a game situation with a blocker and a hitter. Whilst this may be frequent, this does not involve any direct contact and does not occur for extended durations of any more than 1 to 2 seconds. If players follow the above personal hygiene guidelines during water breaks and before and after sessions, then this should be able to be performed safely and fall into what government advice deems as appropriate to break the 2 mtr social distance boundary</p> <p>Taking into account the above, this makes Volleyball a low risk sport in general in terms of resuming group training</p>

Reviews	Author	Position	Date	Notes
Created	Rachel Swindell	Torexe Fixture's Secretary	2020-10	Created for return to play under COVID-19 restrictions
Period of review	When government guidelines change			

Incidents Reported	Author	Position	Date	Notes
Incidents				
Period of review: Yearly				